



Kit Box

Urine Collection  
CupBiohazard  
BagPre-Labeled  
Mailer

Please only use the provided collection kit contents.  
Use of other collection materials may result in sample contamination.

## First things first.

### 1. Activate your kit

Visit [millionmarker.com/activate](https://millionmarker.com/activate)  
Activate using your unique kit ID  
number on the box.

### 2. Complete your survey

Complete your survey by down-  
loading the Million Marker App,  
available in both iOS and Android.

## Now, let's collect your sample.



1. Good morning!  
When you **FIRST** get  
up, wash hands with  
water and air dry.



5. Place the cup  
into the bio-  
hazard bag and  
seal the top.



2. Remove the cap of  
the collection cup. Do  
not touch the inside  
of the cap or the cup,  
and do not let the  
inside of the cap  
contact any surface.



6. Place the  
biohazard bag  
with the cup into  
the cup insert.  
Make sure the  
cup is upright.



3. Start urinating into  
the toilet, then move  
the cup into the urine  
stream to collect the  
sample. This is to  
ensure a clean catch.  
Fill the cup ½ full.



7. Close the box  
and put the box  
into the pre-  
labeled mailer.



4. Screw on the cap  
tightly.



8. Drop your sample  
off at your nearest  
FedEx location  
during **Monday  
through Thursday**.