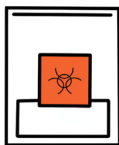


Kit Box



Urine Collection
Cup



Biohazard
Bag



Pre-Labelled
LabPak

Please only use the provided collection kit contents.
Use of other collection materials may result in sample contamination.

First thing's first.

1. Activate your kit

Visit millionmarker.com/activate
Activate using your unique kit ID
number on the box.

2. Complete your survey

Personal Environmental Exposure
Recall is sent to you via email.
Complete the survey before collecting
your urine sample.

Now, let's collect your sample.



1. Good morning!
When you **FIRST** get up,
wash hands with water
and air dry.



5. Place the cup into
the biohazard bag
and seal the top.



2. Remove the cap of the
collection cup, do not
touch the inside of the
cap or the cup, and do
not let the inside of the
cup contact any surface.



6. Place the biohazard
bag with the cup into
the cup insert. Make
sure the cup is
upright.



3. Start urinating into the
toilet, then move the cup
into the urine stream to
collect the sample. This
is to ensure a clean
catch. Fill the cup ½ full.



7. Close the box and
put the box into the
pre-labelled LabPak
(the FedEx
envelope).



4. Screw on the cap
tightly.



8. Drop your sample off
at your nearest
FedEx location
during **Monday
through Thursday.**